



PRESS RELEASE

THE LOUISE AND ALAN EDWARDS FOUNDATION

Edwards Pediatric Pain Research Fellowship 2014

May 20, 2014

The Louise and Alan Edwards Foundation is pleased to announce Dr. Sara Ahola Kohut as the recipient of the *Edwards Pediatric Pain Research Fellowship 2014*.

Dr. Kohut's proposed project, *'Virtual Peer-to-Peer Support Mentoring for Adolescents with Chronic Pain: A feasibility pilot randomized controlled trial'*, will aim to develop and examine the feasibility of this mentoring program using Skype on health outcomes and HRQL of youth with chronic pain. Dr. Kohut will be conducting her research under the supervision of Dr. Jennifer Stinson at the Hospital for Sick Children, Toronto, Ontario. Peer support has the potential to positively influence health outcomes by addressing feelings of isolation and loneliness, promoting positive outlook and motivation and helping to reinforce the learning practice of self-management skills. The hope is for adolescents to attain greater involvement in self-management to prevent the worsening of the symptoms and facilitate successful transition to adult care.